

# Home Accessibility Planning Guide

A practical planner for households starting to think about staying safely at home. Covers stairs, bathrooms, doorways, lighting and outdoor access.

## Stairs and levels

- Are the stairs becoming tiring, painful or unsafe?
- Are there grab rails on both sides of the staircase?
- Is the lighting bright and shadow-free?
- Would a straight or curved stairlift solve the problem?

## Bathroom safety

- Is a level-access shower more suitable than a bath?
- Are grab rails fitted by the WC and shower?
- Is the floor non-slip when wet?

## Doorways and circulation

- Are doorways wide enough for a walker or wheelchair?
- Are thresholds free of trip hazards?
- Is there clear turning space in key rooms?

## Outdoor and entry

- Are external steps fitted with handrails?
- Would an outdoor stairlift, ramp or platform lift help?
- Is the front door entry well lit and easy to operate?

## Funding and next steps

- Speak to an occupational therapist for a formal assessment
- Contact your local council about a Disabled Facilities Grant
- Ask suppliers for fixed written quotes — never sign on the day

**Need help?** Call our Plymouth team on **01752 648599** or book a free home survey at [stairliftsplymouth.com](http://stairliftsplymouth.com). We cover Plymouth, Devon and east Cornwall — same-day call-outs available.